

# Optimal conditions in the farrowing unit put piglets in pole position



The most important parameters for a pig producer are the number of healthy pigs weaned/sow/year and their weaning weight. Due to improved genetics, it is possible today to find production systems that deliver more than 30 pigs weaned/sow/year. Strategies to increase sow productivity need to take into account the management, feeding, and health of both the piglets and the sows.

## Pigs' start in life - limited energy reserves and practically no immune protection

It is generally known that pigs are born physiologically immature. Their energy reserves are limited. They only possess 1-2 % fat, the main part of which is subcutaneous or structural fat protecting organs, joints

and skin. Thus, the young pigs depend on the glucose of the glycogen deposits in the liver as main source of energy. This energy supply only meets their requirements for the first few hours.

Besides that, pigs cannot count on maternal antibodies. Unlike in humans, a sow's placenta is not built to enable the transfer of these protective cells within the womb. At birth, the amount of protective cells in a pig's intestine, the main site of pathogenic contamination, is therefore virtually zero. As they are born without any immune protection, new-born pigs rely on an early supply of antibodies from the maternal colostrum. During the first 24-36 hours after birth, antibodies are absorbed in the intestine and pass directly to the bloodstream. The intestinal barrier then closes. Importantly, the content of antibodies in the colostrum decreases with every hour after birth.

## **Prevention - the best way to protect the progeny!**

Given this difficult situation in the early stages of life, it is clear that the farrowing unit should be as comfortable as possible for the young animals:

- It should be warm, as low temperatures contribute to hypoglycemia. The search for body heat at the sow additionally increases the risk of crushing, one of the main causes of pig losses. The problem arising here is that sows and the new-born pigs have different temperature requirements. One good solution is a heat lamp, installed specifically for the piglets.
- It should be clean, and pathogenic pressure should be as low as possible. Due to their poor immune status, young pigs are susceptible to diarrhea-causing pathogens like *E. coli* and *Clostridium perfringens* during their first days of life. In order to meet hygiene requirements, the first step is a careful cleaning and disinfection of the farrowing unit prior to placing the sows/gilts.

## **Sows' manure - the first source of contamination**

Cleaning both the farrowing unit and also the sows/gilts before placing them is helpful. Producers, however, have to understand that a sow is continuously shedding pathogens through her feces and that her young come into contact with them. In fact, sow manure is the first source of contamination for new-born pigs.

There are several methods to decrease pathogens within the sow's gut. Feeding them natural substances such as probiotics or phytomolecules (also known as secondary plant compounds) in order to improve gut health is one possibility: beneficial microbes such as lactobacilli or bifidobacteria compete with pathogens such as *E. coli* or clostridia for nutrients and prevent their proliferation. Phytomolecules such as carvacrol and cinnamaldehyde, on the other hand, were found to have antimicrobial properties.

Could feeding them natural egg proteins be another possibility?

## **Egg proteins - the key to reducing pathogenic pressure?**

Yokoyama et al. (1992 and 1997) already showed that natural egg proteins applied to piglets bind to pathogens within their intestinal tract. If they also bind pathogens in the sow's gut - generating harmless complexes - this could be the key to reduce pathogenic pressure in the farrowing unit.

## **Trial**

### **Method**

To evaluate this possibility a trial was conducted in Japan. Two groups of eight sows were used. The sows of the control group received standard lactation feed. The trial group was also fed standard feed, but additionally received a supplement containing egg powder product (EPP) at a dosage of 5g/sow twice daily during the last ten days before and the first seven days after delivery. The feces of the sows were obtained by rectal stimulation (in order to rule out contamination from the environment) on day 10 before and day 7 after delivery. The amount of colony-forming units (CFU) of total *E. coli*, *E. coli* O141 and *Clostridium perfringens* was determined.

### **Results**

The results are shown in figure 1. At the beginning of the trial, before the application of the EPP, both groups showed nearly the same level of the pathogens evaluated, with a slight disadvantage for the EPP

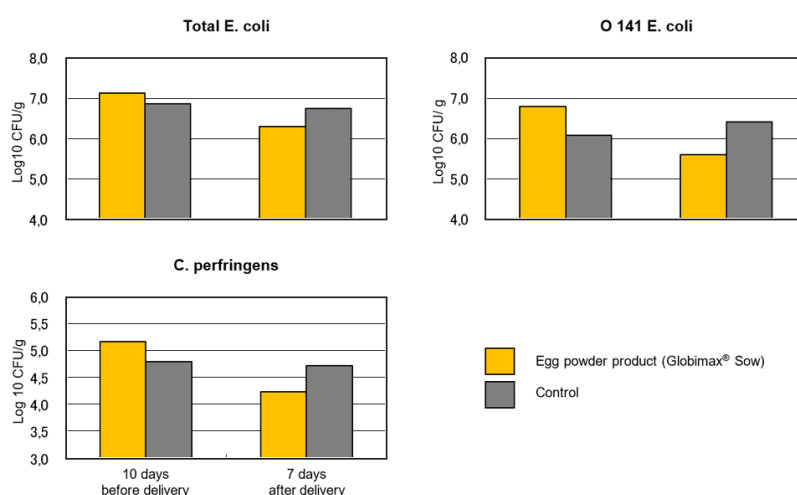
group. After 17 days of using the EPP, the sows of the EPP group showed lower levels of pathogens in their excrements than the sows of the control group. A reduction in the colony-forming units of total *Escherichia coli* (from 107.12 to 106.3), *Escherichia coli* O141 (from 106.8 to 105.6) and of *Clostridium perfringens* (from 105.17 to 104.24) could be seen.

\*The product used in this trial was Globimax® Sow, EW Nutrition.

## Egg proteins - a tool to optimize conditions in the farrowing unit

It is important for pig producers to understand how they can combat adverse influences on their animals' performance. The results of this trial showed that supplementing the standard sows' diets with the EPP substantially reduced the amount of pathogenic colonies in sow's manure. Reducing pathogenic pressure in the farrowing unit is central to reducing the incidence of [diarrhea](#) and pre-weaning mortality. [Giving young pigs the best possible start in life](#) sets them up for delivering the best possible performance - and more healthy and heavy pigs weaned/sow/year means a more profitable farm.

Figure 1: Amounts of total *E. coli*, O 141 *E. coli* and *Clostridium perfringens* in the feces of sows 10 days before delivery (before the first application of EPP) and 7 days after delivery (after the last application of EPP)



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# Understanding and managing *Strep suis* in swine: The essentials



***Strep suis* causes vast losses in pig production and threatens human health, too. We still rely on antibiotics to control it - but we will have to change tactics to contain antimicrobial resistance.**



*Streptococcus suis* is one of the most economically harmful pathogens for the global swine industry. When I started working in pig production 25 years ago, *S. suis* was already a problem on practically all the farms that I visited. Back then, our understanding of the pathogen and hence our control strategies were rudimentary: in farrowing rooms, we cut piglets' teeth, used gentian violet spray on their navels, and sometimes applied penicillin lyophilized with iron. For the nursery phase, we only had penicillin or phenoxymethylpenicillin at our disposal - until the first amoxicillin-based premixes arrived, which turned out to be highly effective.

To this day, we control *S. suis* mainly through oral beta-lactam antibiotics (in feed or water) or injectable solutions, administered to piglets at an early age. However, pig production has evolved dramatically over the past decades, and so has the scientific research on this complex pathogen. Crucially, we now know that the excessive use of antibiotics contributes to the development of antimicrobial resistance.

Recent [Australian research](#) has discovered *S. suis* strains (both in humans and pigs) with a high degree of resistance to macrolides or tetracyclines, strains with intermediate sensitivity to Florfenicol, and others that are developing resistance to penicillin G. Additionally, we now know that *S. suis* is a zoonotic bacteria that affects not only at-risk farm or slaughterhouse personnel: *S. suis* is [among the leading causes of death from meningitis in countries such as Thailand, China or Vietnam](#). In light of these threats to human health, we in the swine industry more than ever have a duty to help control this pathogen.

This article first reviews our current state of knowledge about the epidemiology and pathogenesis of *Strep suis*; it then lays out virulence factors and the role of coinfections. The second part considers the dimensions of a holistic approach to *S. suis* prevention and control and highlights the central role of intestinal health management.

## What we know about *S. suis* epidemiology and pathogenesis

Practically all farms worldwide have carrier animals, but the percentage of animals colonized "intra-farm" varies between 40 and 80%, depending on several factors such as environmental conditions, hygiene measures, and the virulence of the *S. suis* strains involved.

# How *S. suis* strains are classified

*S. suis* strains were once classified into 35 serotypes, according to their different *capsular polysaccharides*(CPS), the outermost layer of the bacterial cell. Due to phylogenetic and genomic sequencing, some of the old serotypes (20, 22, 26, 32, 33, and 34) are now reclassified, either in other bacterial genera or in other *Streptococcus* species. This has reduced the total to 29 *S. suis* serotypes.

Globally, the prevalence of the disease varies between 3% and 30%. The main serotypes affecting pig population are type 2 (28%), 9 (20%), and 3 (16%); differences in the geographical distribution are shown in Figure 1.



**Figure 1: Global distribution of *S. suis* serotypes**

**Based on different sources, incl. [Goyette-Desjardins et al. \(2014\)](#), [Zimmermann et al. \(2019\)](#), and [Gebhart \(2019\)](#)**

In addition to the serotype classification based on CPS antigens, *S. suis* has also been genetically differentiated into “sequence types” using the MLST (Multi Locus Sequence Typing) technique. The distribution of both porcine and human sequence types is detailed in Figure 2.



**Figure 2: *S. suis* sequence types and their worldwide distribution**

# How *S. suis* is transmitted in swine

The main transmission routes are, firstly, the vertical sow-piglet route; the mucosa of the vagina is the first point of contamination. In the farrowing room, respiratory transmission from the sow to the piglets takes place. Horizontal transmission between piglets has also been proven to occur, especially during outbreaks in the post-weaning phase. This form of transmission happens through [aerosols, feces, and saliva](#).

While in humans, the possibility of infection via the digestive tract has been confirmed, there are discussions about this route for swine. [De Greeff et al. \(2020\)](#) argue, based on *in vitro* and *in vivo* data, that infection through the digestive tract is associated with specific serotypes. Serotype 9, for example, would have a greater capacity for colonizing the gastrointestinal tract, and from there, the bacteria's translocation takes place. The same authors point out that, in Western Europe, *S. suis* serotype 9 has become one of the most prevalent serotypes in recent years.

# How *S. suis* colonization occurs

Although there are still unknown mechanisms in the pathogenesis of the disease, it can be schematically summarized how colonization occurs (Figure 3). From the different infection routes, the pathogen always passes through the mucosa. When *S. suis* enter the bloodstream, it can lead to a systemic infection, ending in septicemia, meningitis, endocarditis, or pneumonia, or a local infection at the joints level, causing arthritis.

According to Haas and Grenier (2018), [different pathogenicity factors](#) intervene in each of the processes. The CPS, for example, are relevant during colonization and the initial progression (indicated by black arrows). Microvesicles released by *S. suis* cell membranes are more involved in the passage to the bloodstream or, for example, the progression towards local or systemic infection (indicated by white arrows).



**Figure 3: Pathogenesis of *S. suis* infection**  
Source: based on [Haas and Grenier \(2018\)](#)

Depending on the host and the immune response, the well-known clinical signs of the disease will occur. Although they may begin in the lactation phase, the highest prevalence of meningitis (the main clinical symptom) usually occurs between the 5th and the 10th week of life, that is, between two and three weeks after weaning.

## How to diagnose *S. suis* infection

Diagnosing *S. suis* is relatively simple at a clinical level; however, we need to know how to differentiate it from *G. parasuis* in the case of animals with nervous symptoms. We also need to distinguish *S. suis* from other pathogens responsible for producing arthritis, such as *M. hyosynoviae* or the fibrin-producing agent *M. hyorhinis*.

Laboratory techniques are developing on two fronts. Among molecular techniques, multilocus sequence typing (MLST) is considered the gold standard for serotyping. It is still costly and not yet practicable for large samples at the farm level. In contrast, several types of polymerase chain reaction (PCR) show greater practical applicability. Quantitative PCRs (qPCR) are used for the evaluation of bacterial load, and some PCRs are based on the identification of specific virulence genes.

Due to the relevance of *S. suis* for human health, more complex techniques are also available, such as the complete sequencing of the bacterial genome. This type of method aims to develop epidemiological analyzes together with the differentiation between virulent and non-virulent *S. suis* strains. Research is also underway in serology, particularly on evaluating maternal immunity and its interference with the piglet, as well as autogenous vaccines monitoring.

## Why *S. suis* sometimes causes disease: Virulence factors and coinfections

*Streptococcus suis* is a pathobiont, i.e., a microorganism that belongs to the commensal flora of animals but generates disease under certain conditions. In their daily work on farms, clinical veterinarians, for instance, find that *S. suis* often colonizes the upper respiratory tract, nasal cavity, and tonsils without causing disease. *S. suis* pathogenicity is associated with an astounding range of different circumstances or triggering factors; some sources list more than 100 virulence factors. Several factors are considered essential in the development of pathogenesis; others, however, are the subject of ongoing research (cf. [Xia et al., 2019](#), and [Segura et al., 2017](#)).

### Critical virulence factors

- One of the most important proteins is the CPS that establishes serotypes. The CPS largely determines the bacteria's adhesion and colonization behavior. It can modify its thickness depending on the stage: it becomes thinner when adhering to the mucociliary apparatus and thicker when circulating through the bloodstream, protecting the bacteria against possible attacks by immune system cells.
- Likewise, *suis* has an adhesin known as Protection Factor H (FHB) that protects it from phagocytosis by macrophages and can also interfere with the complement activation pathways of the immune system.
- [Suilysin](#) is one of the most critical *suis'* protein toxins. This toxin plays a fundamental role in the interaction with host cells (modulating them to facilitate invasion and replication within the host

- cells) as well as in the inflammatory response.
- *S. suis* is a mucosal pathogen and, hence, triggers a mucosal immunity response, mainly by immunoglobulins A (IgA). *S. suis* has developed proteases capable of destroying both IgA and IgG.
  - Research is still in progress, but both *suis* serotype 2 and 9 encode the development of adhesion proteins that facilitate mucociliary colonization when salivary glycoproteins are present (these are called antigens 1 and 2).
  - Other than Suilyisin, two of the bacteria's protein components that have been studied in-depth to develop subunit vaccines are the MRP (Muramidase Release Protein) and EF (Extracellular Factor) protein. Whether the expression of these proteins is associated with virulence depends on the serotype.
  - Recent research indicates that greater biofilm production capacity is associated with the more virulent *suis* strains. The production of biofilm is closely related to the production of fibrinogen, which allows the bacteria to develop resistance to the action of antimicrobials, to colonize tissues, to evade the immune system, etc.

## Concomitant factors for *S. suis* infection

Even though *S. suis* is a primary pathogen that can cause disease by itself, many factors can exert a direct or indirect influence on whether or not and to which extent disease develops.

Veterinarians and producers are well aware of the influence of environmental and management factors such as temperature variations, poor ventilation together with poor air quality, irritants for the respiratory tract, as well as correct densities for animals' welfare. Occasionally, depending on the geographical location, *S. suis* can be considered as a seasonal pathogen, showing a higher prevalence during the coldest months of the year when ventilation is lower or not well-controlled.

At the level of the individual animal, concomitant pathogens, environmental changes, diet changes, previous pathologies, piglet handling problems, etc., all come into play. Younger piglets tend to be more susceptible because of the decrease in maternal immunity or insufficient colostrum intake; diarrhea during the lactation phase also increases disease vulnerability.

Recently, researchers have started to explore the hypothesis that a change in the digestive tract microbiome balance may favor a pathogenic trajectory. [Some results](#) indicate that changes in the microbiota around the moment of weaning could indeed trigger disease. I will return to the vital topic of the digestive tract in *S. suis* pathogenesis below.

## The role of coinfections

The virulence of *S. suis* can increase in the presence of other pathogens, both viral and bacterial. Among the main viruses, key interactants are the PRRS virus, the influenza virus (SIV), as well as Porcine Circovirus (PCV) and Porcine Respiratory Coronavirus (PRCV). At the bacterial level, *Bordetella bronchiseptica* and *Glaesserella parasuis* have the most direct interaction with *S. suis* ([Brockmeier, 2020](#)).

There are several mechanisms by which coinfections might increase *S. suis* virulence: some of them (i.e., *B. bronchiseptica* and SIV) alter the epithelial barrier, facilitating the translocation of *S. suis*. Moreover, viruses such as PRRS either cause an alteration in the response of the immune system or destroy relevant immune system cells.

[Valentin-Weigand et al. \(2020\)](#) posit that the influenza virus increases the pathogenic capacity of *S. suis* so that, for specific strains, the disease can develop even in the absence of the key virulence factor suilyisin. This highlights the importance of controlling coinfections for successful *S. suis* management.



# The five pillars of holistic *S. suis* management in swine

The challenge of managing this problematic pathogen with limited use of antibiotics prompts a review of all strategies within our reach. From birth to slaughterhouse, interventions must be coordinated and cannot work independently.

## 1. Biosecurity

The principles of biosecurity are easily understood. Yet, across different locations and production systems, farms struggle with consistently executing biosecurity protocols. For the moment, it appears unrealistic to avoid the introduction of new *S. suis* strains altogether. Also, complete eradication is not feasible with the currently available tools.

Genetic companies and research centers will likely continue to explore how to reduce bacterial colonization in animals, to produce piglets that have no or only minimal *S. suis* populations. Again, this option is not available for now.

At the farm level, the most promising and feasible approach is to reduce the risk of bacterial transmission, i.e., to optimize internal biosecurity. This extends to controlling both viral and bacterial coinfections. The two major viruses affecting the nursery stage are the PRRS virus and Swine Influenza virus. Bacteria that can contribute to the disintegration of the mucosa, both at the respiratory level and the digestive level, are Atrophic Rhinitis (progressive or not) and digestive pathogens such as *E. coli*, Rotavirus and *Eimeria suis*. All possible measures to reduce the prevalence and spread of these co-infectants must be executed to help control *S. suis*.

## 2. The pre-weaning period

We need to consider several elements in the first hours after birth that influence the spread of the bacteria in the farrowing rooms:

- How is the colostrum distribution between the litters and the subsequent distribution of the piglets carried out?
- How is the “processing” of the piglets carried out after farrowing: iron administration, wound management, and tail docking?
- Are we taking any measure to prevent iatrogenic transmission of pathogens through needle exchange?

Until today, it is common practice to administer systemic (in-feed) or local (vaginally applied) antibiotics during the pre-weaning phase, albeit with partial or inconsistent successes in terms of reducing infection pressure. Notably, during the pre-weaning phase, the development of the piglet’s microbiota begins to take shape, and the [systematic and prophylactic application of antibiotics in young animals can reduce bacterial diversity of the microbiome](#) (Correa-Fiz et al., 2019). This, in turn, leads to a proliferation of bacteria with a pathogenic profile that could detrimentally influence subsequent pathology.



*S. suis* is an ultra-early colonizer; piglets can get infected at birth already

### 3. The post-weaning period

The post-weaning period undoubtedly constitutes the most critical stage of the piglets' first weeks of life. In addition to social and nutritional stress, piglets are exposed to new pathogens. While maternal immunity is decreasing, piglets have not developed innate immunity yet; they are now most susceptible to the horizontal transmission of diseases. Hence, *S. suis* prevention during this phase center on measures that improve piglet quality. Key parameters include:

- Do we have a correct and homogeneous weight/age ratio at weaning?
- What is the level of anorexia in piglets? Do we practice suitable corrective measures to encourage the consumption of post-weaning feed?
- How are we feeding them? What medications do they routinely receive?
- How are housing facilities set up concerning density, environment, and hygiene?

Again, gut health is critical: Ferrando and Schultsz (2016) suggest that the [status of the piglet's weaning gastrointestinal tract](#) centrally influences the subsequent development of the disease. Their research supports the idea that some specific *S. suis* serotypes can develop their pathogenesis from the digestive tract, just as in human medicine. While in humans, this digestive route is associated with the consumption of raw or insufficiently processed pork, in swine, the most susceptible moments are sudden changes in diet. The transition from milk to solid feed, in particular, leads to an increase in alpha-glucans that favor bacteria proliferation. Likewise, an increase in susceptibility occurs when the integrity of the intestinal wall is lost, for example, due to viral and bacterial coinfections.

### 4. Treatments and vaccination

Since weaning is such a difficult phase for the life of the piglet, it is a common practice on farms across the world to include one or several antibiotics in the post-weaning phase. Sometimes, when the legal framework allows, producers use a systematic antibiotic (i.e., beta-lactams or tetracyclines) and another one with a digestive profile (e.g., pharmacological doses of ZnO, trimethoprim, sulfa drugs and derivatives).

While antibiotics, for the most part, effectively prevent infection in the post-weaning phase, they can have adverse effects on the digestive tract. According to [Zeineldin, Aldrige, and Lowe \(2019\)](#), continued antibiotics use:

- might increase the susceptibility to other infections because of the imbalance of the microbiome,
- the immune system might be weakened, together with an alteration in metabolism,
- and it fosters a greater accumulation of bacteria that are resistant to antibiotics.

The effectiveness of curative antibiotics treatments varies considerably. In any case, early detection is critical; affected animals need to be isolated and provided with a comfortable environment. Therapeutic parenteral antibiotics are best combined with high-dose corticosteroids. Some sick animals are unable to stand or walk. As a complementary measure, it is recommended, where possible, to help them ingest some feed and water.

Much research attention is focused on finding suitable vaccines to control the disease. This is a challenging task: *S. suis* shows high genetic diversity, making the identification of common proteins difficult, and is protected against antibody binding by a sugar-based envelope. The research group around Mariela Segura and Marcelo Gottschalk, for example, is [working on a subunit vaccine strategy](#) that addresses both dimensions. Recently, Arenas et al. (2019) identified [infection-site specific patterns of \*S. suis\* gene expression](#), which could serve as a target for future vaccines.

The arrival of a universal, affordable *S. suis* vaccine is still a distant hope, though. Inactivated vaccines generally offer low levels of antibodies at the mucosal level and would need some adjuvant to increase them. A multiple injection protocol will not work from a commercial and practical point of view. On the other hand, live attenuated vaccines risk re-developing virulence with potentially drastic effects on human health. To complicate the topic of vaccination further, there is a controversy regarding the time of application and what animals we should vaccinate – sows, piglets, both?

Today, though with variable results, the alternative to scarce commercial vaccines is autogenous vaccines. These are based on the suspected serotype(s) present on a particular farm. This strategy hinges on the difficult procedure of isolating the strain from the meninges, spleen, or joints of the animals. If this step is successful, a laboratory can then develop the autogenous vaccine. Immunization occurs mainly in piglets, but occasionally some sows are vaccinated during the lactation period.

## 5. Hygiene

Just as for any other pathogen, hygiene management is critical. The infection pressure can be lowered through simple steps, such as washing the breeders before they enter the farrowing room. It is, or it should be, standard practice to maximize hygiene in the processing of piglets, avoiding injuries or pinching of the gums during teeth cutting, as well as disinfecting the umbilical area.

We know that *S. suis* is usually very sensitive to most disinfectants, but that it can form a biofilm that allows it to withstand hostile conditions. Physical or chemical methods to eliminate biofilm-formation are thus vital for combatting *S. suis* effectively.



**Figure 4: The 5 pillars of *S. suis* control and prevention**

# *S. suis* control and prevention: The future lies in the gut

There is no ideal solution for totally controlling *S. suis* yet: autogenous vaccines are only partially effective, and since we cannot continue to administer antibiotics systematically, it is necessary to look for alternatives. Pending the arrival of a universal vaccine, the most promising efforts focus on the gastrointestinal tract.

## Microbiome balance to keep *S. suis* in check

The gastrointestinal tract is not only the site where nutrient absorption takes place. The gut is the largest immune system organ in the body and most exposed to different antigens; therefore, what happens at the digestive level has a considerable influence on the immune system, locally and systemically.

The microbiome can be defined as the set of autochthonous bacteria that reside in the digestive system of animals. This group of bacteria is continually evolving and changes at critical moments in the life of animals. Simply put, a healthy microbiome is one that has a high bacterial diversity in the digestive tract (alpha diversity). The diversity between animals, on the other hand, should be low (beta diversity). A healthy microbiota implies the absence of dysbiosis and pathogens. Finally, one wants to promote the presence of bacteria that can produce substances with a bactericidal effect, such as short-chain fatty acids or bacteriocins.

Can we influence the microbiome to have fewer *S. suis* problems? Research by [Wells, Aragon, and Bessems \(2019\) compared](#) microbiota samples of the palatine tonsils from healthy and infected animals. They found that animals that would later develop the disease showed less diversity and, in particular, a diminished presence of the genus *Moxarella*. Importantly, they found that these differences in the microbiome's composition of animals that later developed the disease were noticeable *before* weaning and at least two weeks before the outbreak occurred.

The same authors investigated in more depth, which bacteria in the microbiome were able to maintain homeostasis at the digestive level, finding that this was mostly the case for the genera *Actinobacillus*, *Streptococcus*, and *Moraxella*. Moreover, they found that *Prevotellaceae* and *Rhodia* produce antibacterial substances against *S. suis*.

## Nutrition can impact the microbiome through targeted ingredients

We have to think about the microbiome of locations other than the digestive system as well. As we previously saw, the bacteria are transmitted through the mucosal route in the vagina, through the respiratory route, and there are recent studies that consider [saliva as a leading source of infection in oral transmission](#).

This research contributes insights into how we might approach *S. suis* management through nutritional strategies. The question for nutritionists is, can you formulate feed that reduces the availability of *S. suis*' favorite nutrients? *S. suis* appears to develop best when the feed contains [large quantities of carbohydrates or starches](#). Other nutritional factors include the feed's buffering capacity and the stomach pH of the piglets.



*In times of antimicrobial resistance, additives are crucial for S. suis control and prevention*

Gut health and nutrition approaches come together in the area of additives: targeted gut health-enhancing additives to feed or water will become a cornerstone of *S. suis* control. What we want to see in such products are molecules or substances that are capable of limiting, inhibiting, or slowing down the growth of *S. suis* by altering the membrane or interfering with the energy mechanisms of the bacteria.

There are already several products on the market with different active ingredients, such as phytomolecules, medium-chain fatty acids, organic acids, prebiotics, probiotics, etc. Soon, those products or combinations of them will be a part of our strategy for controlling this pathogen of such importance to our industry.

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# The hidden danger of endotoxins in animal production



Find out more about endotoxins [here](#)

**Find out why LPS can cause endotoxemia and how intelligent toxin mitigation solutions can support endotoxin management.**



*Each E. coli bacterium contains about 100 lipopolysaccharides molecules in its outer membrane*

Lipopolysaccharides (LPS) are the major building blocks of the outer walls of Gram-negative bacteria. Throughout its life cycle, a bacterium releases these molecules, which are also known as endotoxins, upon cell death and lysis. The quantity of LPS present in Gram-negative bacteria varies between species and serotypes; [Escherichia coli, for example, contain about 100 LPS/bacterial cell](#). When these are released into the intestinal lumen of chickens or swine, or in the rumen of polygastric animals, they can cause serious [damage to the animal's health and performance](#) by over-stimulating their immune system.

## How lipopolysaccharides cause disease

LPS are rather large and structured chemical molecules with a weight of over 100,000 D. They are highly thermostable; boiling in water at 100°C for 30 minutes does not destabilize their structure. LPS consist of three chemically distinct sections: a) the innermost part, lipid A, consisting mostly of fatty acids; b) the core, which contains an oligosaccharide; and c) the outer section, a chain of polysaccharides called O-antigen (Figure 1).

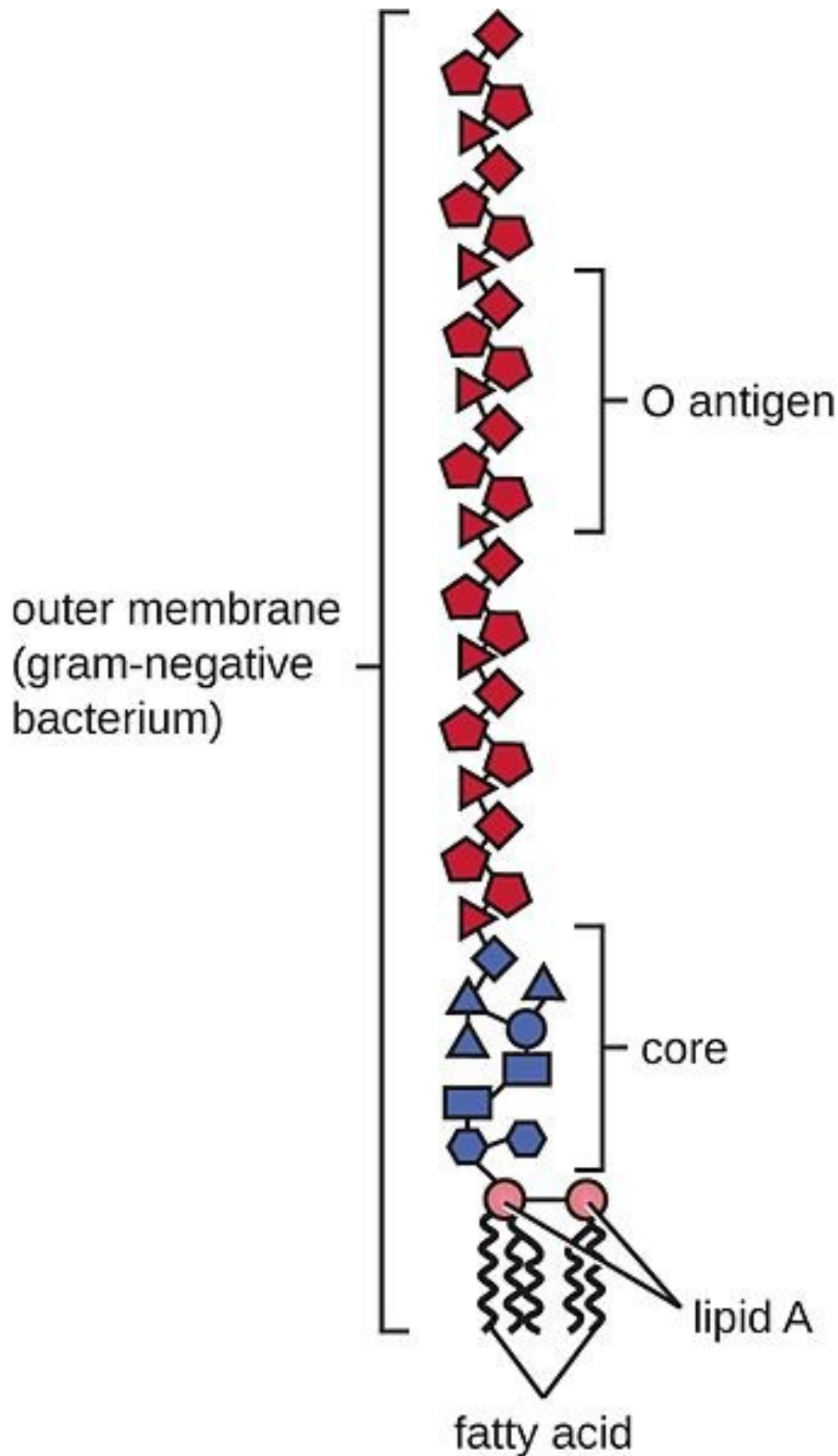


Figure 1: Structure of an LPS

The toxicity of LPS is mainly caused by lipid A; however, both lipid A and O-antigen stimulate the immune system. This happens when the LPS pass the mucosa and enter the bloodstream or when they attack the leukocytes.

The intestinal mucosa is the physical immune barrier that protects the microvilli from external agents (bacteria, free LPS viruses, etc.). Despite its strength (the thickness, for example, amounts to  $\approx 830 \mu\text{m}$  in



the colon and  $\approx 123 \mu\text{m}$  in the jejunum), vulnerable points exist (cf. [Zachary 2017](#)).

LPS can easily come into contact with the cells of the *lamina propria* (a layer of connective tissue underneath the epithelium) through the microfold (M) cells of the Peyer's patches (which consist of gut-associated lymphoid tissue). The M cells are not covered by mucus and thus exposed.

Secondly, LPS can also pass through the mucosa, where they become entangled in this gelatinous structure. There, they come into contact with the lymphocytes or can reach the regional lymph nodes through the afferent lymphatic vessels.

Thirdly, LPS might affect the tight junctions, the multiprotein complexes that keep the enterocytes (cells that form the intestinal villi) cohesive. By destabilizing the protein structures and triggering enzymatic reactions that chemically degrade them, LPS can break the tight junctions, reaching the first capillaries and, consequently, the bloodstream.

The presence of [endotoxins](#) in the blood, endotoxemia, can trigger problematic immune responses in animals. An innate immune stimulation leads to an increase in the concentration of pro-inflammatory cytokines in the blood and, consequently, to an induced febrile response in the animal: heat production increases, while the available metabolic energy decreases. As a result, performance suffers, and in the worst-case scenario, septic shock sets in. Furthermore, when LPS compromise intestinal integrity, the risk of secondary infections increases, and production performance may decline.

## LPS' modes of action

How does all of this happen? The physiological consequences of endotoxemia are quite complex. Simplified, the immune system response to LPS in the blood takes three forms:

- The stimulation of **TLR4** (toll-like receptor 4) induces monocytes and macrophages to secrete critical pro-inflammatory cytokines, primarily interleukin (IL) IL-1 $\beta$ , IL-6, IL-8, and tumor necrotic factor (TNF)  $\alpha$  and  $\beta$ . TLR4 is a structure on the cell membrane of mainly macrophages and leukocytes, which is activated by the LPS-binding protein (LBP).
- The **complement cascade** constitutes about 10% of plasma proteins and determines the chemotaxis and activation of leukocytes. It can form a membrane attack complex (MAC), which perforates the membranes of pathogenic cells, enabling lysis.
- The **Hagemann factor**, also known as coagulation factor XII: once stimulated by LPS, it initiates the formation of fibrin (through the intrinsic coagulation pathway), which might lead to thrombosis. The Hagemann factor directly stimulates the transformation of prekallikrein to kallikrein (enzymes involved in regulating blood pressure).

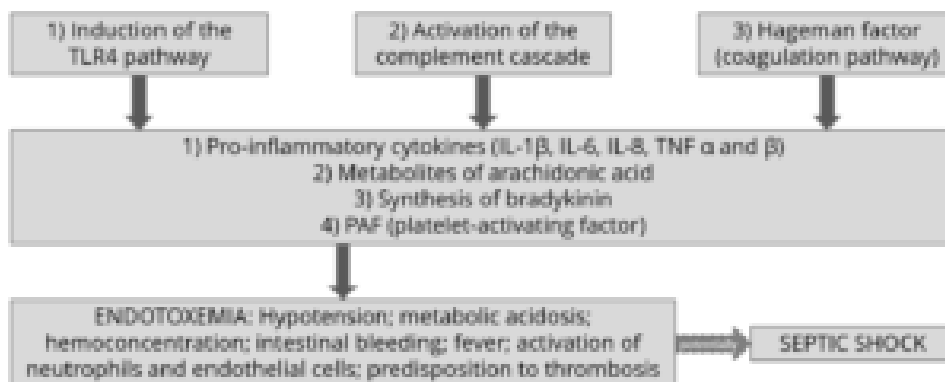


Figure 2: How LPS leads to endotoxemia – 3 modes of action

These three modes of action of inflammatory stimulation lead to important physiological reactions:

- **Pro-inflammatory cytokines** (see above) modulate the functional expression of other immune cell types during the inflammatory response;
- **Metabolites of arachidonic acid** (prostaglandins, leukotrienes, and lipoxins), intra- and extracellular messengers that influence the coagulation cascade;

- Synthesis in the blood of **bradykinin**, a peptide responsible for the typical symptoms of inflammation, such as swelling, redness, heat and pain;
- **PAF** (platelet-activating factor), which creates inflammatory effects through narrowing of the blood vessels and constriction of the airways, but also through the degranulation of leukocytes.

The symptoms of endotoxemia are: hypotension, metabolic acidosis, hemoconcentration, intestinal hemorrhage, fever, activations of neutrophils and endothelial cells, and predisposition to thrombosis.

In case of a progression to septic shock, the following sequence takes place:

- 1) Reduction in blood pressure and increased heart rate (hemodynamic alterations)
- 2) Abnormalities in body temperature
- 3) Progressive hypoperfusion at the level of the microvascular system
- 4) Hypoxic damage to susceptible cells

Up to here, symptoms follow a (severe) endotoxemia pathogenesis. A septic shock furthermore entails:

- 5) Quantitative changes in blood levels of leukocytes and platelets
- 6) Disseminated intravascular coagulation (see Hageman factor)
- 7) Multi-organ failure
- 8) Death of animal

If an animal is continuously challenged with endotoxins, experiences septic shock, or comes close to it, it risks developing LPS tolerance, [also known as CARS](#) (compensatory anti-inflammatory response syndrome). This syndrome essentially depresses the immune system to control its activity. The anti-inflammatory prerogative of CARS is not to interfere directly with the elimination of pathogens but to regulate the “excessive” inflammatory reaction in a hemostatic way. However, this regulation can be extremely dangerous as the syndrome involves a lack of homeostasis control, and an excessive depression of the immune system leaves the organism exposed to the actual pathogens.

## Farm animal research on endotoxemia pathogenesis

Lipopolysaccharides are difficult to quantify in the intestine of a live animal. One way to evaluate a possible endotoxemia is to analyze biomarkers present in the bloodstream. The most important one is the LPS themselves, which can be detected in a blood sample taken from the animal via ELISA. Other biomarkers include pro-inflammatory interleukins, such as TNF  $\alpha$  and  $\beta$ , IL-6 or IL-8, and fibrin and fibrinogen (though they are not specific to endotoxemia). It is vital to carry out a blood sample analysis to deduce a possible endotoxemia from symptoms and performance losses in the animal.

## How the metabolic effects of endotoxemia depress performance

One of the biggest issues caused by endotoxemia is that animals reduce their feed intake and show a poor feed conversion rate (FCR). Why does this happen? The productive performance of farm animals (producing milk, eggs, or meat) requires energy. An animal also requires a certain baseline amount of energy for maintenance, that is, for all activities related to its survival. As a result of inflammation and all those physiological reactions mentioned above, endotoxemia leads to a feverish state. Maintenance needs

to continue; hence, the energy required for producing heat will be diverted from the energy usually spent on producing milk, egg, meat, etc., and performance suffers.

The inflammation response can result in mitochondrial injury to the intestinal cells, which alter the cellular energy metabolism. This is reflected in changes to the levels in adenosine triphosphate (ATP), the energy “currency” of living cells. A study by Li et al. (2015) observed [a respective reduction of 15% and 55% in the ATP levels of the jejunum and ileum of LPS-challenged broilers](#), compared to the unchallenged control group. This illustrates the extent to which animals lose energy while they experience (more or less severe) endotoxemia.

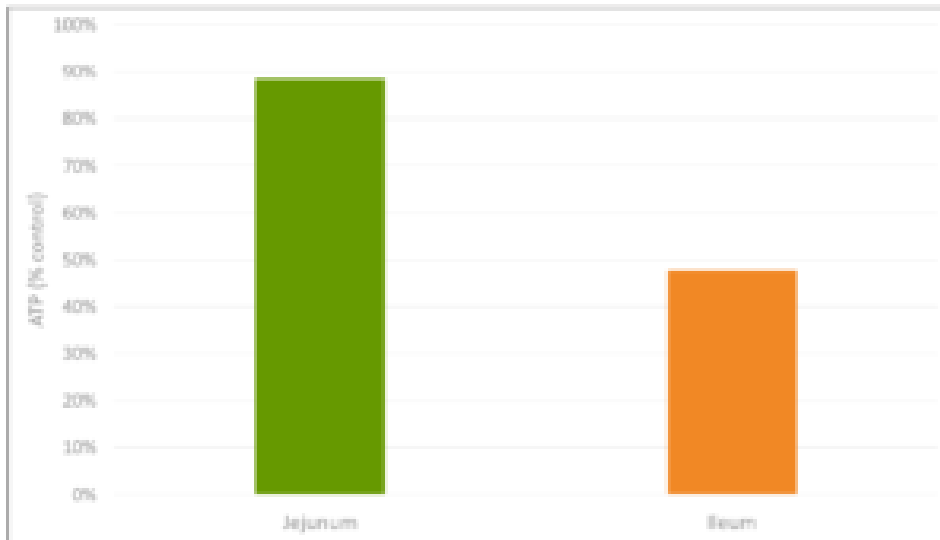


Figure 3: Reduction in ATP level in Jejunum and Ileum in broilers (adapted from [Li et al., 2015](#))

A [piglet study by Huntley, Nyachoti, and Patience \(2017\)](#) took this idea further (Figure 4): 3 groups of 10 Yorkshire x Landrace pigs, weighing between 11 and 25 kg, were studied in metabolic cages and in respiratory chambers. This methodology allows for simultaneous measurement of oxygen consumption, CO<sub>2</sub> production, energy expenditure, physical activity, and feed/water intake. The study found that LPS-challenged pigs retained 15% less of the available metabolizable energy and showed 25% less nutrient deposition. These results show concrete metabolic consequences caused by the febrile response to endotoxemia we discussed above.

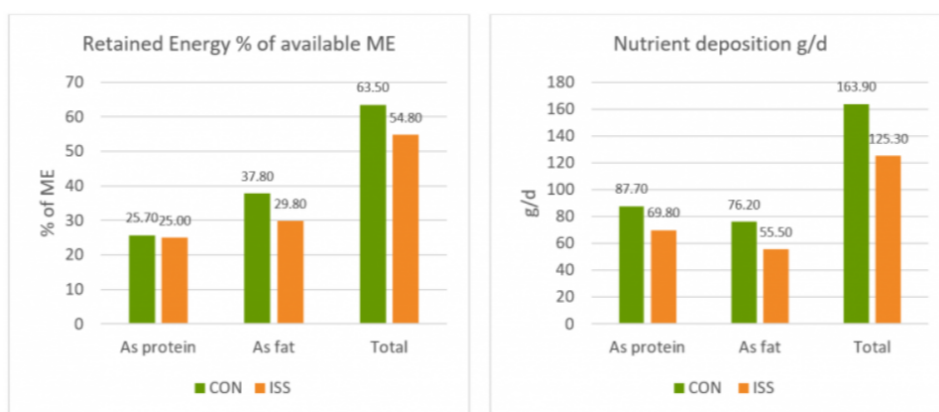


Figure 4: Retained Energy as % of ME intake and nutrient deposition of pigs in metabolic cages (adapted from [Huntley, Nyachoti, and Patience, 2017](#))

Control treatment (CON) = Pigs fed by a basal diet

Immune system stimulation treatment (ISS) = Pigs given LPS (*E. coli* serotype 055:B5) injection

A loss of energy retained due to a reduction in available metabolizable energy leads to losses in performance as the amount of energy available for muscle production and fat storage will be lower. Furthermore, the decrease in feed intake creates a further energy deficit concerning production needs.

A [trial carried out at the University of Illinois](#) examined the effects of repeated injections of 400 µg *E. coli* LPS on chick performance from 11 to 22 days after hatching. The chicks were fed casein-based diets with graded levels of arginine. LPS administration reduced weight gain ( $P < 0.05$ ) and feed intake, and these effects tended to be worse at higher levels of arginine supplementation (Figure 5). The researchers hypothesize that, in response to endotoxin and elevated cytokine levels, macrophages use more arginine to produce nitric oxide, diverting it from protein production for muscle development.

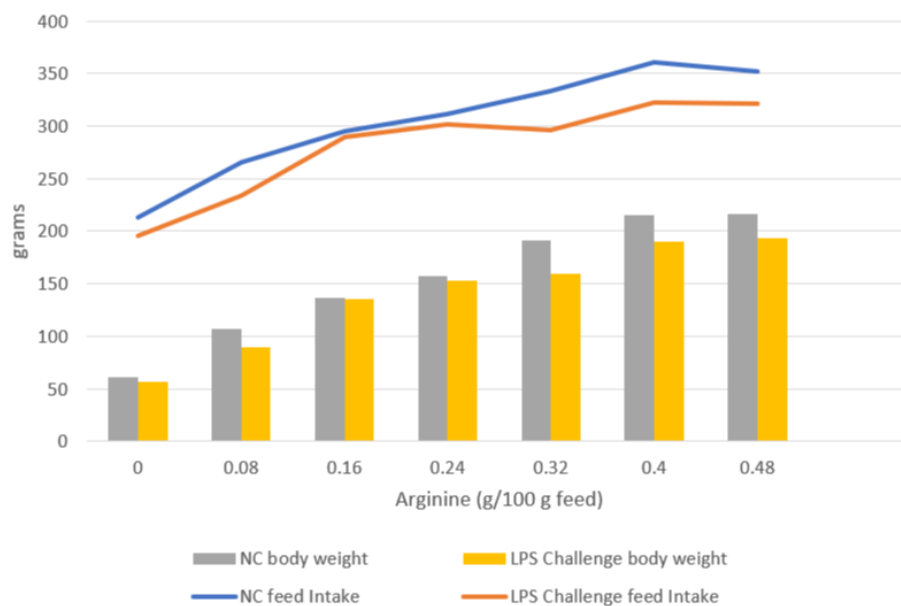


Figure 5: Effects of LPS on feed intake and body weight gain in chicks fed graded level of arginine (based on [Webel, Johnson, and Baker, 1998](#))

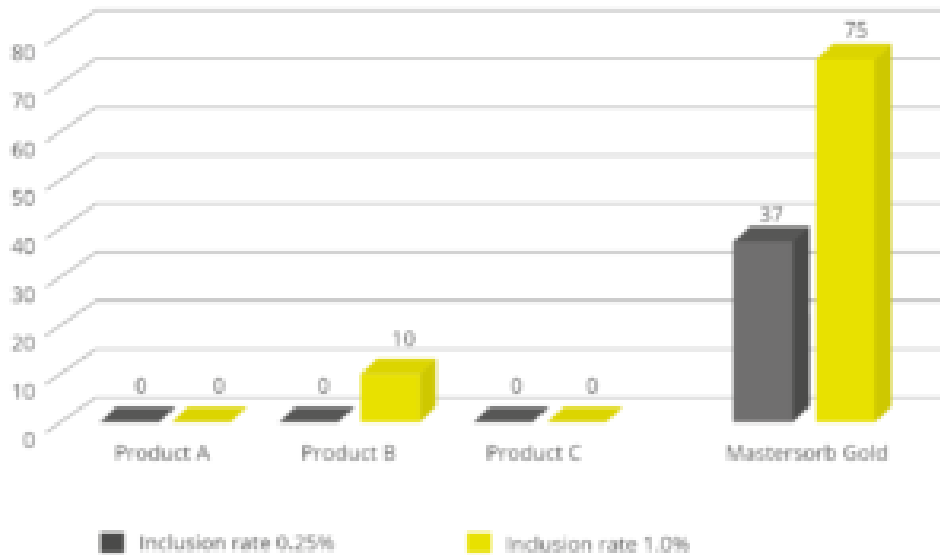
NC = negative control

This data on poultry complements the results for swine, again showing that endotoxin-induced energy losses quantifiably depress animal performance even in milder disease cases.

## The way forward: Endotoxin mitigation

Animals suffering from endotoxemia are subject to severe metabolic dysfunctions. If they do not perish from septic shock, they are still likely to show performance losses. Moreover, they are at great risk of immunosuppression caused by the immune system “overdrive.” Effective endotoxin mitigating agents can help to prevent these scenarios.

EW Nutrition’s Mastersorb Gold is not only a [leading anti-mycotoxin agent](#); thanks to its specific components, it effectively binds bacterial toxins. An *in vitro* study conducted at the Hogeschool Utrecht laboratory (part of Utrecht University) evaluated the binding capacity of Mastersorb Gold on LPS compared to three different competitor products. All products were tested at two different inclusion rates. At an inclusion rate of 0.25%, only Mastersorb Gold reduced the toxin load on the solution by 37%. At 1% inclusion, Mastersorb Gold bound 75% of the toxin, while only one competitor product demonstrated any binding (10%).



Lipopolysaccharides are a constant challenge for animal production. The quantity of Gram-negative bacteria in an animal intestine is considerable; therefore, the danger of immune system over-stimulation through endotoxins cannot be taken lightly. Producers need to prioritize the maintenance of intestinal eubiosis in production animals proactively; for instance, through targeted gut health-enhancing additives based on phytochemicals and, possibly, organic acids.

Most importantly, the detrimental impact of LPS can be mitigated by using a high-performance agent such as [Mastersorb Gold](#). To limit losses from an energy point of view yields positive results in terms of production levels and the prevention of secondary infections, preserving animal health and farms' economic viability.

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